



New York State Teachers' Retirement System

10 Corporate Woods Drive

Albany, NY 12211-2395

(800) 348-7298 or (518) 447-2900

NYSTRS.org

What Can MyNYSTRS Do for You?

NYSTRS Rep: Thank you for calling NYSTRS, how may I help you?

Member: Hi, I'd like to get an estimate of my pension.

NYSTRS Rep: Sure, I can help you with that, you can also find that information by signing in to your MyNYSTRS account.

Member: Really? I didn't know that!

NYSTRS Rep: MyNYSTRS offers a lot of other great tools and resources as well.

Member: Like what?

NYSTRS Rep: Well, if you prefer, you can talk to a NYSTRS representative through secure online messaging.

Member: Oh, that's nice.

NYSTRS Rep: You can also submit a claim for prior service. Subscribe to e-versions of newsletters and your benefit profile, review and print tax documents, schedule appointments, update your contact information, file for retirement, apply for a loan against your contributions...

Member: Wow! I can do all of that right through MyNYSTRS?

NYSTRS Rep: Yes! And so much more! Plus, when you retire, you can update your direct deposit authorization, make updates to your W-4P Withholding Election, get your Retired Member Profile, and the list goes on!

Male voice over: It's never too early to start planning for retirement. Take advantage of MyNYSTRS today. And don't forget, you can download the NYSTRS app right to your device to stay up-to-date on current NYSTRS news that impacts you.