

## New York State Teachers' Retirement System

The following information was recently provided to NYSTRS' participating employers. As a Retirement System delegate, it is important you are aware of these issues. Please share this Delegate News with NYSTRS members in your district.

### Delegate News

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## NYSTRS Announces Fall PREP Seminar Schedule *Seminars Help Members of All Ages Prepare for Retirement*

Many retirees tell us they wish they began focusing on financial and retirement planning much earlier in their lives. To help active members avoid that pitfall, NYSTRS offers a proactive approach to prepare for retirement: the Pension & Retirement Education Program (PREP).

The fall 2023 schedule of PREP seminars is now available on the [Retirement Planning/Pension & Retirement Education Program](#) page at NYSTRS.org and on the ensuing page of this Administrative Bulletin.

The PREP seminar educates members of all ages and career stages on the value of careful financial and retirement planning. The seminar further helps them understand their NYSTRS benefits and how their future pension fits into their overall retirement picture. This information is a key piece of the plan that helps members achieve their retirement goals and dreams.

The half-day, in-person seminars, which are free and held throughout the state, cover the following topics: NYSTRS benefits, financial planning, Social Security, estate planning, and the retirement process.

Spots fill up quickly! **Please share this information with NYSTRS members at your district as soon as possible so those who would like to attend a seminar can register now. We kindly request that you forward this Bulletin, and print the schedule found on the ensuing page and post in your district's staff lounges and common areas.** Instructions for making reservations, which are accepted in the order in which they are received, are included on our website and the schedule found on the ensuing page of this Bulletin.

PREP seminars are not intended for individual benefits counseling. Members interested in a benefit consultation should visit the [Retirement Planning/Benefits Consultations](#) page of our website to learn how to schedule a personal consultation.

Thank you for your assistance in spreading the word about these important NYSTRS programs!

*Delegate News dating from 2005 to the present are available on our website at  
NYSTRS.org. Select Delegates and visit the Delegate News page.*



# Pension & Retirement Education Program (PREP)

Many retirees wish they began focusing on financial and retirement planning much earlier in their lives. Don't let that happen to you! No matter how far along you are in your career, careful financial and retirement planning are critical. That's why our Pension & Retirement Education Program (PREP) seminar is so valuable. The seminar will help you understand your NYSTRS benefits while also providing essential retirement-planning tips, which will help you develop a plan to achieve your retirement goals.

Seminars are held from 8:30 a.m. to 1 p.m. with registration beginning at 8 a.m. Topics include: NYSTRS benefits, financial planning, Social Security, estate planning, and the retirement process. Seminars are free and your spouse/ companion may attend but you must make reservations in advance.

## Fall 2023 Schedule of PREP Seminars

Make your reservation via your online MyNYSTRS account at NYSTRS.org or by calling (800) 348-7298, Ext. 6180 weekdays from 8:30 a.m. to 4:15 p.m. Seminars fill quickly so book early!

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| <p><b>ALBANY</b></p> <p>November 16 (Thursday)</p> <p>NYSTRS Headquarters<br/>10 Corporate Woods Drive<br/>Albany, NY 12211</p>                  | <p><b>SYRACUSE</b></p> <p>November 17 (Friday)</p> <p>OCM BOCES Main Campus<br/>110 Elwood Davis Drive<br/>Liverpool, NY 13088</p>               |
| <p><b>PLAINVIEW</b></p> <p>November 29 (Wednesday)</p> <p>Holiday Inn Plainview – Long Island<br/>215 Sunnyside Blvd<br/>Plainview, NY 11803</p> | <p><b>MOUNT KISCO</b></p> <p>November 30 (Thursday)</p> <p>Hotel MTK<br/>1 Pat Reilly Way<br/>Mt Kisco, New York 10549</p>                       |
| <p><b>BUFFALO</b></p> <p>December 6 (Wednesday)</p> <p>Buffalo Airport Hotel<br/>4600 Genesee Street<br/>Cheektowaga, NY 14225</p>               | <p><b>ROCHESTER</b></p> <p>December 7 (Thursday)</p> <p>RIT Inn &amp; Conference Center<br/>5257 West Henrietta Road<br/>Rochester, NY 14467</p> |

### Helpful tips:

- When calling to make a reservation, have the following information at hand: your EmplID or Social Security number, email address, and phone number (and the same information for your spouse/companion if they are a NYSTRS member and will attend with you).
- Bring your latest annual *Benefit Profile* with you to the seminar. (You may print it from MyNYSTRS.)
- If you make a reservation but cannot attend, please call the number above to cancel (or cancel via MyNYSTRS) so we can offer your spot to another member.
- PREP seminars do not include individual retirement counseling. Visit the Retirement Planning/Benefits Consultations page at NYSTRS.org to learn how to schedule a consultation.

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