NYSTRS Headquarters

10 Corporate Woods Dr Albany, NY 12211

Phone: (800) 348-7298

Directions to NYSTRS Headquarters:

Please note that you (and any guests attending with you) will need to show photo identification in order to enter NYSTRS' building. Thank you.

From the North

Take interstate 87 (Adirondack Northway) south to Exit 1E.

Take Interstate 90 East to Exit 5A (Corporate Woods).

Follow ramp straight onto Corporate Woods Blvd.

Turn left at the second traffic light onto Corporate Woods Dr.

NYSTRS is the second building on the right.

From the South

Take the Thruway (Interstate 87) north to Exit 24 (Albany). Take Interstate 90 East to Exit 5A (Corporate Woods). Follow ramp straight onto Corporate Woods Blvd. Turn left at the second traffic light onto Corporate Woods Dr. NYSTRS is the second building on the right.

From the Fast

Take Interstate 90 west to Exit 5A (Corporate Woods). Follow ramp straight onto Corporate Woods Blvd. Turn left at the second traffic light onto Corporate Woods Dr. NYSTRS is the second building on the right.

From the West

Take the Thruway (Interstate 90) east to Exit 24 (Albany/Montreal). Take Interstate 90 East to Exit 5A (Corporate Woods). Follow ramp straight onto Corporate Woods Blvd. Turn left at the second traffic light onto Corporate Woods Dr. NYSTRS is the second building on the right.