

PREPARING TO LIVE THE RETIREMENT DREAM

ATTEND
PREP SEMINARS

TRANSITIONING

CAN BE **HARD** & **STRESSFUL**



BE SELECTIVE
DON'T SAY "YES" TO EVERYTHING.

IT'S HELPFUL
IT'S FREE

AVOID
MIND-NUMBING
HABITS
AS
SUBSTITUTES
FOR A
LIFE OF **PURPOSE**

BE **HEALTHY** & **PROACTIVE** & **SOCIAL**



RETIREMENT SATISFACTION
IS A
BALANCING ACT



CAREER REFLECTION

Will Miss

▼ **PURPOSE**

▶ **CO-WORKERS**

▶ **STUDENTS**

▶ **STRUCTURE**

WON'T MISS

• **TESTING**

• **DOCUMENTATION**

• **COMMUTE**

